



ERIC ROBERTS, LMT

Introducing Eric Roberts, who will offer a variety of massage therapy techniques at Phoenix Rising Internal Arts *only through mid-to late April, 2008*. \$65 for the first hour and \$30 for each additional half hour.

Eric's approach to healing is currently one of fusion. He has practiced massage therapy for almost ten years, and his training includes Swedish and Deep Tissue massage, as well as more advanced techniques in Sports Massage and Neuromuscular Therapy; and even the John Barnes method of Myofascial Release (MFR), with internship at the world famous "Therapy on the Rocks" Physical Therapy clinic and Myofascial Release treatment center in Sedona, AZ, where he worked alongside John Barnes himself. He also traveled to Thailand to study Lanna-Style Thai Massage under Pichest Boonthume. Thai massage is a system of compressions, deep stretches, and meridian work, all of which are phenomenal means of opening up different energy pathways.

In addition, Eric holds a level 3 master of Reiki/ SSR energy work that enhances his intuitive approach to bringing all the therapies in his arsenal to your body.

To schedule your appointment with this talented young therapist at Phoenix Rising Internal Arts, please contact Eric directly at 469-583-6156, or e-mail him at eroberts78@yahoo.com.